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Mass Intentions

Sunday, August 8

8:00 a.m.	Doyle D. Jordan
10:00 a.m.	Pro Populo
12:00 noon	Joseph DiFerdinando †

Monday, August 9

9:00 a.m.	Special Intention
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Tuesday, August 10

9:00 a.m.	Special Intention
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Wednesday, August 11

9:00 a.m.	Peggy Selton
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Thursday, August 12

9:00 a.m.	Jean Lynch †
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Friday, August 13

9:00 a.m.	Don Grommesh
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Saturday, August 14

9:00 a.m.	Christa Drummond †
5:30 p.m.	John and Mary Ann Weaver

READINGS AND CELEBRATIONS FOR THE WEEK

Sunday, 19th Sunday in Ordinary Time

Wis 18: 6-9, Ps 33, Heb 11: 1-2,8-19

Monday, Weekday in Ordinary Time

Ez 1: 2-5, 24-28c, Ps 148, Mt 17: 22-27

Tuesday, Weekday in Ordinary Time

2 Cor 9: 6-10, Ps 112, Jn 12: 24-26

Wednesday, Weekday in Ordinary Time

Ez 9: 1-7; 10: 18-22, Ps 113, Mt 18: 15-20

Thursday, Weekday in Ordinary Time

Ez 12: 1-12, Ps 78, Mt 18: 21-19: 1

Friday, Weekday in Ordinary Time

Ez 16: 1-15, 60, 63, (Ps) Is 12, Mt 19: 3-12

Saturday, Weekday in Ordinary Time

Ez 18: 1-10, 13b, 30-32, Ps 51, Mt 19: 13-15

Parish Stewardship

Thank you for your generous offerings of July 31/August 1. The regular collection brought in \$14,487 and the Poor Box yielded \$404. The Poor Box offerings for the first week of each month will go to benefit *A Woman's Choice*.

The Poor Box for the month of July, in addition to your generous contributions this Sunday August 8, will go to benefit the Diocesan Mission in the Dominican Republic,



St. Catherine of Siena (1347-1380) Mystic, Stigmatic, Doctor of the Church

A bit of history into the life of St. Catherine

Having made her vow of virginity, the holy maid grew holier every day. The little disciple of Christ began to fight against the flesh before the flesh had begun to rebel. She determined to give up eating meat, as far as she could, at least, and when she was obliged to sit down at table she usually either passed any meat on to her brother Stefano or threw it to the cats on the sly. As regards the discipline she practiced upon herself, either alone or with the other children of her own age, she now endeavored to increase its severity; and, believe it or not, she began to glow with a zeal for souls and with an especially strong love for saints who had labored for the salvation of their fellow-men.

About this time it was revealed to her by the Lord that holy Father Dominic had formed the Order of Preaching Friars out of a zeal for the Faith and the salvation of souls, and she suddenly developed such a high idea of this Order that whenever she saw any of the Preaching Friars going past the house she would watch where they put their feet and then as soon as they had gone by go and kiss their footprints in a spirit of great humility and devotion. Hence arose within her an unquenchable longing to become a member of the Order and to join in the work of helping souls.

Then, remembering that she was a woman, she thought many times, of imitating St. Euphrosyne, whose name she had been given, who had gone into a monastery dressed in men's clothing, so that she could go into distant parts where no one knew her, pretending to be a man, and so enter the Order of Preaching Friars and help towards the salvation of souls. But Almighty God had infused this zeal into her soul for other ends and intended to satisfy her desire in quite a different way, and He did not will that this scheme, which she had in mind for a long time, should ever be put into practice.

Communion and Blessings

A very common liturgical abuse of our times happens during the reception of Holy Communion when persons who cannot receive Communion nevertheless line up with their arms crossed over their chest, as a “message” to the priest that they want a blessing instead of Communion. This is liturgically incorrect on a number of levels. First and foremost, the time for Communion is the *time for Communion*. The Communion line is not, and should not be, the blessing line. Secondly, the liturgical actions of the priest during Mass are highly regulated, and quite specific of what to do and when to do it. The actions of a good liturgist may seem spontaneous, but they are not *and should not be*.

Unfortunately, owing to the confused time in which we live, some people are instructed to present themselves, arms crossed, before the priest at Communion time for a blessing. To make things even more confused, some people present themselves with crossed arms as a sign that they wish to receive on the tongue! Children who have not yet made their first Communion may come up with their parents who are receiving, but should not present themselves individually for a blessing. Others, who cannot receive, for whatever reason, should remain seated. The proper time for the blessing follows the prayer after Communion, which blessing all receive together.



Pray for the Sick and Homebound of our Parish

Joshua Basile, Ed Bubbosh, Dianne Burrell, Tom Case, Bryan Cox, Dona Curry, Flora DeLeon, Betsabe deSoto, Marjorie Dolak, Antonia Iglic-Dolenc, Eileen Drennan, Jim Drennan, Marilyn Flynn, Gerald Green, Brian Hack, Ed Kondracki, John Larounis, Carol McCarty, Susan McQuade, Peter Michalski, Peggy Selton, K.L. Sypal, Chick Wilson, Anthony Yantiss

Pray for Those Who have Fallen Asleep in Christ

James Anthony, Peter Choo, John Connor, Moira Connor, Joseph DiFerdinando, Jean Driggers, Christa Drummond, Br. David Eddy, George Gibson, Eddie Guerrero, Francois Haeringer, Carol Jones, Joan Keller, Michael Keran, Rector Craig Merkel, Jan Wouters

Pray for our Armed Forces Personnel

Patrick Bouchoux, Brendan Dunne, Mark Falcon, Christopher Frediani, Brian Horn, Josh Moore, Matthew O’Neil, Mathew Rowell, Justin Smallwood

Mass Intentions for the Week

There are many dates in the upcoming weeks and months that are available for Mass Intentions. Please contact the office to arrange for an intention and to get a Mass card.

The Blessed Sacrament THIS IS MY BODY – THIS IS MY BLOOD

Eucharistic Adoration and Holy Hour

A Holy Hour is simply an hour set-aside totally for the Lord; an hour consecrated to God. It is a time to recollect our mind, heart and spirit in order to focus them on God and more specifically our Eucharistic Lord. The Church and the world have a great need of Eucharistic worship. Jesus waits for us in this sacrament of love. Let us be generous with our time in going to meet Him in adoration and in contemplation that is full of faith, and ready to make reparation for the great faults and crimes of the world. May our adoration never cease.

24 hour Eucharistic Adoration begins after the 9:00 a.m. Mass on Wednesday and ends with reposition of the Blessed Sacrament at 8:55 a.m. on Thursday.

24 hour Eucharistic Adoration also begins after the 9:00 a.m. Mass on every First Friday of the month and ends with reposition of the Blessed Sacrament at 8:55 a.m. on Saturday.

Holy Hour is every Wednesday evening at 7:00 p.m.

An Open Invitation From the Lord - We Need You!

Adoration has two openings that need to be filled immediately: *one from 11:00 a.m. – Noon and one from 11: p.m. – 12:00 a.m.* on Wednesdays. In addition, most of the hours of First Fridays have only one adorer. We would like at least two people. If you have considered attending adoration, consider this God’s personal invitation. If you cannot commit to an hour every week, share the time with friends or family. For question and/or to sign up please contact Diane Cieslak 703-678-3919.

Second Collection Today

The Diocesan Mission in the Dominican Republic

The second collection will benefit the work of two priests from the Diocese of Arlington who serve as missionaries in the Dominican Republic, Fr. Murphy and Fr. O’Hare serve over 10,000 poor people in the rural frontier near the border of Haiti. Fr. Christopher Murphy, current pastor in the Dominican Republic will be speaking at all Masses. Please be generous!

Book Corner News

The **Big News** is that the book corner is now accepting credit cards!!!! We accept Visa, MasterCard, and American Express. The payment slips are in the basket with the envelopes. Complete the charge slip put it in the envelope and slips it under the RE office door when we are not in the RE office.

Daily Rosary



The Rosary, a “summary of the Gospel”, is a wonderful way to have daily contact with Mary, the Mother of the Lord. Visit www.theholynosary.org to learn how to pray the Holy Rosary.

Office of Religious Education

Please Note: *The Office of Religious Education is closed on Thursdays and Fridays.* Email the office at reoffice@SaintCatherinesChurch.org for any information.



Catechist Corner

Confraternity of Christian Doctrine

Registration forms are now available for the 2010-2011 CCD classes. The forms are located on the bulletin board in- between the two RE offices. Deadline: August 1st

CCD Classes resume on *Monday, September 13, 2010*

CCD Needs Your Help for the 2010-2011 School Year

Mondays, 5:00 – 6:00 p.m.

Teacher and Assistants needed for grades 1,3,4,5 & 6

Teachers *only* needed for grade 2

Mondays, 6:45 – 7:45 p.m.

Assistants *only* needed for grades 3, 6, & 7

Teacher and Assistant needed for grade 5

Tuesdays, 5:00 – 6:00 p.m.

Assistants *only* needed for grades 3, 5, & 6

Teacher and assistant needed for grade 4

Please consider giving some time to the children of our parish. It is truly a rewarding experience in many ways!

Confirmation

September

7, 14, 21 Final classes from 6:30 – 8:30 p.m.

(Please note: changes in dates for these final classes).

Dinner will be served to all students.

17 Rehearsal **with sponsors**, 6:30 p.m.

24 Confirmation Mass

Bishop Loverde! Presiding at 7:30 p.m.



Catholic Youth Organization

Please see the CYO bulletin board for all upcoming events

Senior CYO – 8th – 12th grade

Meetings on the first Sunday of the month 6–8 p.m.

Junior CYO – 4th – 7th grades

Meetings on the first Friday of the month 6-8 p.m.

Seniors

August

8, 15, 22, 29 Bowling 7:00 p.m. – 9:00 p.m.



Over 50 Club

◆ *September 11*

The Dutch Apple Dinner Theatre

In Lancaster, PA. The show is GEORGE M. with wonderful music and a professional cast. \$98.

◆ *September 20-24*

Fall Foliage Rocking Horse Ranch

In the Catskill Mountains. Staying at the Rocking Horse Ranch with all sit-down meals from the menu. Day and evening activities including side trips. Everything is located on one floor (great for seniors). \$623.

◆ *September 27-30*

Wildwood Seafood Feast

Includes: 3 nights accommodations, 3 full breakfasts and dinners that include a deluxe seafood buffet with an assortment of seafood and roast beef, a trip to Cape May, one day at the Tropicana Casino with bonus package, a visit to the Smithville Village, Washington Street Mall and more.\$329.

◆ *October 3*

Riverside Dinner Theatre

In Fredericksburg, VA. This beautiful theatre will present the show CHICAGO. A sit-down luncheon is included. \$89.

◆ *December 1*

Voices of Christmas

At the Living Water Theatre in Lancaster, PA. This is the final performance for this wonderful show, an exhilarating journey through the treasured traditions of Christmas. \$76.

2011

◆ *April 30 – May 14*

Taking Reservations Now

Riverboat trip to Ancient Egypt. This promises to be a fantastic trip. Call for flyer and information.

Christ House Food Donation Drive

Please help St. Catherine's support the work of Catholic Charities. Please be so kind as to limit contributions to the following and to check the expiration dates.

canned items: meats (corned beef, spam, chicken, tuna, fruit and vegetables, peanut butter, jelly, cereal, pasta, instant potatoes, macaroni & cheese kits. Labeled bins are placed in the Narthex of the Church. Gift cards from Giant or Safeway are another option that you might find more convenient. Please place gift cards in an envelope marked "Christ House" and place in the collection basket at Mass or drop off at the Parish Office.



The Knights of Columbus News

Consider This Opportunity to Serve!

The Knights of Columbus are the largest Catholic Men's fraternal organization – are you a Knight? For information please contact Kevin Trissell at 703-464-8393 or trissellkoqc@verizon.net.



The Women's Association News

All women of the parish are cordially invited to join and participate in our monthly activities and fellowship. We have great camaraderie and encourage you to come and be a part of our community. The Women's Association is looking for new members to enjoy the company of like-minded women by serving St. Catherine's of Siena Church in various ways. So, give it some thought and if you are interested in a break from your everyday routine or would like more information please contact Lynn at lhanlon@cox.net.



Siena Academy News

"Let the little children come to me; do not stop them; for it is to such as these that the kingdom of God belongs."
Douay-Rheim Catholic Bible – Mark 10:14

Mission Statement

Siena Academy is the parish school at St. Catherine of Siena. Its mission is to give glory to God and to assist parents in the role as primary educators of their children by offering specially prepared environments founded upon the principles and discoveries made by Dr. Maria Montessori in regard to the unique spiritual and developmental needs of the child from birth to adulthood.

St. Catherine of Siena Website

For everything you ever wanted to know about St. Catherine of Siena Parish, but forgot to ask during office hours, you may visit the parish Website at www.saintcatherineschurch.org.

Prayer of Reparation

O Most Holy Trinity, Father, Son and Holy Spirit, I adore thee profoundly. I offer thee the most precious Body, Blood, Soul and Divinity of Jesus Christ, present in all the tabernacles of the world, in reparation for the outrages, sacrileges and indifferences by which He is offended. By the infinite merits of the Sacred Heart of Jesus, and the Immaculate Heart of Mary, I beg of thee the conversion of poor sinners. Amen.



In the Diocese & Other Events

Website: www.arlingtondiocese.org

Some white-collar jobs are more challenging than others

Annual Diocesan Altar Server Picnic

August 12 - Save the date!

The 2010 Annual Picnic for Altar Servers will be held at Lake Fairfax Park on Thursday, August 12th from 10:00 a.m. to 2:00 p.m.

Young Adult Silent Retreat – August 13-15

Please join Father J.D. Jaffe and other young adults for a summer silent retreat - "Our Call to Joy" - August 13-15 at the Dominican Retreat house (7103 Old Dominion Drive) in beautiful McLean! A 50% deposit is requested with registration. The cost is \$225. Please contact Kateri Schmidt at (703) 841-2549 to reserve your spot. Please make checks payable to "The Catholic Diocese of Arlington" with YAM Summer Retreat in the memo line. Mail to: The Catholic Diocese of Arlington, P.O. Box 1960, Merrifield, VA 22116-1960. This retreat is for all young adults - married or single.

Arlington's 2nd Catholic Heritage Festival

Please mark your calendars for the upcoming Catholic Heritage Festival, which will be on Saturday October 2nd, from 11 a.m. to 4 p.m. at Bull Run Regional Park in Centreville. Celebrate with fellow Catholics of all ages and nationalities from across the Diocese with Mass, great food, games, music, sporting events, dancing and more. Don't miss this opportunity to celebrate the oneness of our faith. For additional details visit: www.catholicheritagefestival.org

Abortion Recovery Retreats for Women

An "Entering Canaan" Day of Prayer and Healing will take place on Saturday, September 18 and a Rachel's Vineyard Weekend Retreat is scheduled for October 15-17. These retreats are a safe place to renew, rebuild and redeem hearts broken from abortion. They offer a supportive, confidential and non-judgmental environment where you can express, reconcile and release painful post-abortive emotions to begin the process of restoration, renewal and healing. For more info or to register, please call Project Rachel (703) 841-2504 or (888) 456-HOPE or projectrachel@arlingtondiocese.org

Getting Married?

Have you started your Marriage Preparation (Pre-Cana) yet? Part of your requirement is to attend a Conference for the Engaged. They fill up quickly, so please sign up a few months in advance! For more information please call the Office for Family Life at (703) 841-2550 or visit: www.arlingtondiocese.org/familylife/marriage_engaged.php. Before registering, please get approval from your marriage prep priest or deacon.

Online @ Catholic Distance University

Don't miss this popular online seminar with Fr. Paul deLadurantaye, Arlington Diocesan Secretary for Religious Education

The Mass: History, Theology, and Spirituality, August 9 – 30. Develop a better understanding of the Mass and learn more about the implementation of the new Roman Missal in this popular CDU seminar. CDU is recognized as the online partner with the Diocese of Arlington for catechists' formation. Bishop Loverde serves as the Chairman of the CDU Board.

Learn more at www.cdu.edu or contact CDU at 1.888.254.4238 ext. 700. Enrollment is open for this seminar through August 13.

CDU and EWTN

In partnership with EWTN, CDU Presents is a free weekly radio program that explores a variety of Catholic topics. The program airs on Sundays at 9:00 p.m. EST, on stations carrying EWTN radio programming. If there is no EWTN radio station in your area, you can visit ewtn.com, select 'Radio,' and click 'Listen Live.' You can also listen any time at the EWTN website in 'Library Archives.' Visit www.cdu.edu for details and links to EWTN.

Virginia Catholic Conference Advocacy



The Virginia Catholic Conference has created an e-mail advocacy network, so that those who wish to contact their state legislators about respect life, social justice, family and education issues can receive regular alerts on measures considered at the Virginia General Assembly sessions, throughout the year. Visit www.vacatholic.org for more information.

A Ministry to Traveling Catholics

To locate a Catholic Church while traveling at home or abroad visit www.masstimes.org. You will find information/directions on the closest Catholic Church to your destination, along with Mass and Confession times. This Website also offers links to an on-line reference library of: The Day's Readings, Bible, Catechism, U.S. Bishops & Diocese, Saint of the Day, Daily Prayer, Life Ways, Sing Your Praises, Vatican Website, Vatican Library, Vatican Museums and Catholic News.

Prayer for the Holy Father

Lord, source of eternal life and truth, give to Your shepherd, Pope Benedict XVI, a spirit of courage and right judgment, a spirit of knowledge and love. By governing with fidelity those entrusted to his care, may he, as successor to the apostle Peter and Vicar of Christ, build Your Church into a sacrament of unity, love, and peace for all the world.

We ask this through our Lord Jesus Christ, Your Son, Who lives, and reigns with You and the Holy Spirit, one God, forever and ever. Amen.

The Tremendous Blessings and Benefits of the Mass as told by Popes and Saints

Pope Paul VI

"The Mass is the most perfect form of prayer!"

Pope Benedict XV

"The Holy Mass would be of greater profit if people had it offered in their lifetime, rather than having it celebrated for the relief of their souls after death."

St. Thomas Aquinas, Doctor of the Church

"The celebration of Holy Mass is as valuable as the death of Jesus on the cross."

St. Gregory, Doctor of the Church

"The heavens open and multitudes of angels come to assist in the Holy Sacrifice of the Mass." "It is most true that he who attends holy Mass shall be freed from many evils and from many dangers, both seen and unseen."

St. Augustine, Doctor of the Church

"The angels surround and help the priest when he is celebrating Mass." "He who devoutly hears holy Mass will receive a great vigor to enable him to resist mortal sin, and there shall be pardoned to him all venial sins which he may have committed up to that hour." "He [who attends Mass with all possible devotion] shall be freed from sudden death, which is the most terrible stroke launched by the Divine Justice against sinners. Behold a wonderful preservative against sudden death."

St. Jerome, Doctor of the Church

"Without doubt, the Lord grants all favors which are asked of Him in Mass provided they be fitting for us. He also grants that also which is not demanded of Him, if we, on our part, put no obstacle in the way."

St. John Chrysostom, Doctor of the Church

"When Mass is being celebrated, the sanctuary is filled with countless angels who adore the divine victim immolated on the altar."

St. Anselm, Doctor of the Church

"A single Mass offered for oneself during life may be worth more than a thousand celebrated for the same intention after death."

St. Teresa, Doctor of the Church

Once, St. Teresa was overwhelmed with God's Goodness and asked Our Lord "How can I thank you?" Our Lord replied, "ATTEND ONE MASS."

St. John Vianney, Patron Saint of Parish Priests

"When we receive Holy Communion, we experience something extraordinary - a joy, a fragrance, a well being that thrills the whole body and causes it to exalt." "If we really understood the Mass, we would die of joy."

"There is nothing so great as the Eucharist. If God had something more precious, He would have given it to us."

"When we have been to Holy Communion, the balm of love envelops the soul as the flower envelops the bee."

Blessed Padre Pio, stigmatic priest

"It would be easier for the world to survive without the sun than to do without Holy Mass."

