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Mass Intentions

Sunday, February 7

8:00 a.m. Vern Grommesh Family
10:00 a.m. Pro Populo
12:00 Louise Donahue O'Connor †

Monday, February 8

9:00 a.m. Glenn Grommesh Family

Tuesday, February 9

9:00 a.m. Julio Luna †

Wednesday, February 10

9:00 a.m. Victor and Blanche Golinskii

Thursday, February 11

9:00 a.m. Daniel Sutton †

Friday, February 12

9:00 a.m. Charles L. Jordan, Sr. †

Saturday, February 13

9:00 a.m. James Fellin
5:30 p.m. Sharon Riley †

READINGS AND CELEBRATIONS FOR THE WEEK

Sunday, February 7 – Fifth Sunday in Ordinary Time

Is 6: 1-2a, 3-8, Ps 138, 1 Cor 15:1-11, Lk 5: 1-11

Monday, Weekday in Ordinary Time

1 Kgs 8: 1-7, 9-13, Ps 132, Mk 6: 53-56

Tuesday, Weekday in Ordinary Time

1 Kgs 8: 22-23, 27-30, Ps 84, Mk 7: 1-13

Wednesday, Weekday in Ordinary Time

1 Kgs 10: 1-10, Ps 37, Mk 7: 14-23

Thursday, Weekday in Ordinary Time

1 Kgs 11:4-13, Ps 106, Mk 7: 24-30

Friday, Weekday in Ordinary Time

1 Kgs 11: 29-32; 12: 19, Ps 81, Mk 7: 31-37

Saturday, Weekday in Ordinary Time

1 Kgs 12: 26-32; 13: 33-34, Ps 106, Mk 8: 1-10

Parish Stewardship

Thank you for your generous offerings of January 30/31.

The regular collection brought in \$10,228 and the Poor Box yielded \$470.

Beneficiaries of the Poor Box contributions for the months of:

November: Divine Mercy Care

December: Helping Hand Mission

January: Eden Garden (Haitian Orphanage)

Poor Box Receipts for the first week of each month go to benefit A Women's Choice

The Incorrupt Body of St. Bernadette

On 22 September 1909 Church representatives and officials, entered the convent Chapel and took an oath upon the Holy Bible to tell the truth.

Then the tomb was opened and the body exhumed. Bernadette appeared exactly as she had been on the day of her death. In her hands she held a Rosary, which was rusting, and a Crucifix, which was covered in verdigris. The body was completely intact.

There was no smell and no trace of corruption was seen on the little body in the coffin. Doctor Jourdan, the surgeon who was present for the exhumation, has left a written record in the Community archives describing what occurred - "The coffin was opened in the presence of the Bishop of Nevers, the mayors of the town and several canons. No smell was noticed. The body was clothed in the habit of Bernadette's order. The habit was damp. Only the face, hands and forearms were uncovered." "The head was tilted to the left. The face was dull white. The mouth was open slightly and it could be seen that the teeth were still in place. The hands, which were crossed upon the breast, were perfectly preserved, as were the nails. The hands still held a rusting Rosary. The veins on the forearms stood out."

After the identification, the Sisters washed the body and dressed it in a fresh habit. It was then placed in a new coffin lined with white silk, and lowered back into the tomb. The entire process was completed at half past five in the evening.

On 13 August 1913, Pope Pius X authorised the introduction of the Cause for Canonisation - Bernadette could now be given the title 'Venerable'. This meant that body had to be exhumed once again. This process was interrupted by the war, and the body was not re-exhumed until 3 April 1919. The process was the same as before - as were the results. The body remained intact. On 18 November 1923, the Holy Father announced the authenticity of Bernadette's virtues - her beatification could now proceed.

Consequently, a third exhumation was needed. This time, relics were to be taken from the body - these would then be sent to Rome, to Lourdes and to Houses of the Sisters of Nevers throughout the world.

On 18 April 1925, the exhumation took place. Bernadette had been dead more than forty six years. Yet, her body remained incorrupt. Doctor Talon, a surgeon, removed the relics. Three years later he wrote a report about this exhumation, for a medical journal. In it, he described his amazement at the perfect preservation of the skeleton and the muscles in particular, as well as the liver which - he stated - should have deteriorated entirely very soon after death. he concluded that "this did not seem to be a natural phenomenon". At this exhumation, it was noted that a small portion of the skin on the face had discoloured slightly, due probably to the washing the body had received and its exposure to the organisms of the air. Consequently, it was decided to cover the face and hands with light wax masks. The firm of Pierre Imans in Paris was contacted, and they agreed to make the necessary masks. Also, the Armand Catelan workshop in Lyons had been contacted and they would make a beautiful reliquary for the body.



Pray for the Sick and Homebound of our Parish

Joshua Basile, Dianne Burrell, Tom Case, Catherine Choo, Jonathan Choo, Bryan Cox, Dona Curry, Flora DeLeon, Betsabe deSoto, Marjorie Dolak, Eileen Drennan, Christa Drummond, Br. David Eddy, Marilyn Flynn, Gerald Green, Brian Hack, Bernadeete Hong, Elizabeth Hooten, Joan Keller, Ed Kondracki, James Lowe, Carol McCarty, Susan McQuade, Canon Craig Merkel, Peter Milchalski, Fr. Paul Richardson, Murray Schooner, William Schrepel, John Spencer, K.L. Sypal, Jan Wouters, Anthony Yantiss

Pray for Those Who have Fallen Asleep in Christ

James Anthony, Maryann Barron, Philip Calanchini, Joe Cassella, Peter Choo, Bill Corr, Joseph Dunne, George Gibson, Bill Hale, Mary Elizabeth Jones, Cynthia Randall, Victor Wouters

Pray for our Armed Forces Personnel

Patrick Bouchoux, Jordan Bowren, Brendan Dunne, Mark Falcon, Christopher Frediani, Michael Holtz, Brian Horn, Kathleen Mahoney, Josh Moore, Matthew O'Neil, Mathew Rowell, Justin Smallwood

Communion and Blessings

A very common liturgical abuse of our times happens during the reception of Holy Communion when persons who cannot receive Communion nevertheless line up with their arms crossed over their chest, as a "message" to the priest that they want a blessing instead of Communion. This is liturgically incorrect on a number of levels. First and foremost, the time for Communion is the *time for Communion*. The Communion line is not, and should not be, the blessing line. Secondly, the liturgical actions of the priest during Mass are highly regulated, and quite specific of what to do and when to do it. The actions of a good liturgist may seem spontaneous, but they are not *and should not be*.

Unfortunately, owing to the confused time in which we live, some people are instructed to present themselves, arms crossed, before the priest at Communion time for a blessing. To make things even more confused, some people present themselves with crossed arms as a sign that they wish to receive on the tongue! Children who have not yet made their first Communion may come up with their parents who are receiving, but should not present themselves individually for a blessing. Others, who cannot receive, for whatever reason, should remain seated. The proper time for the blessing follows the prayer after Communion, which blessing all receive together.

The Blessed Sacrament THIS IS MY BODY – THIS IS MY BLOOD

Eucharistic Adoration and Holy Hour

A Holy Hour is simply an hour set-aside totally for the Lord; an hour consecrated to God. It is a time to recollect our mind, heart and spirit in order to focus them on God and more specifically our Eucharistic Lord. To make a Holy Hour is to make a decision to spend one hour with our friend, our Savior and Lord who is truly present in the Blessed Sacrament of the altar.

The Church and the world have a great need of Eucharistic worship. Jesus waits for us in this sacrament of love. Let us be generous with our time in going to meet Him in oration and in contemplation that is full of faith, and ready to make reparation for the great faults and crimes of the world. May our adoration never cease.

– John Paul II

To sign up for adoration or for information regarding adoration please contact Diane Cieslak 703.678.3919.

24 hour Eucharistic Adoration begins after the 9:00 a.m. Mass on Wednesday and ends with reposition of the Blessed Sacrament at 8:55 a.m. on Thursday.

24 hour Eucharistic Adoration also begins after the 9:00 a.m. Mass on every First Friday of the month and ends with reposition of the Blessed Sacrament at 8:55 a.m. on Saturday.

Holy Hour is every Wednesday evening at 7:00 p.m.

Men's Prayer Group



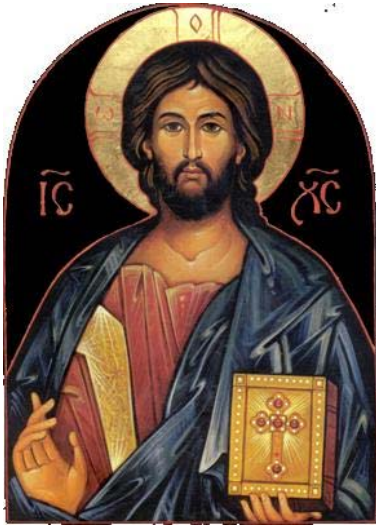
Gentlemen, feeling pulled to "pick up the pace" in your prayer life? Come join your silent prayers with ours in Adoration before the Blessed Sacrament in support of our pastor, parish and school. Thursdays from 5:00 – 6:00 a.m. For further information: ksypal@yahoo.com.

St. Valentine's Day Sweetheart Dance

*When/Where: Saturday, February 13th in Bishop Justs Hall
Time: 7:00 to 10:00 p.m.*



The Knights of Columbus and the Women's Association will co-sponsor this annual event. Tickets will be sold after all Masses. Bring your sweetheart and enjoy this annual event!



Office of Religious Education

Please Note: *The Office of Religious Education is closed on Thursdays and Fridays* Email the office at reoffice@SaintCatherinesChurch.org for any information.



Catechist Corner

Confraternity of Christian Doctrine

CCD Class Calendar

February

- 8,9 All classes in session
- 15 No classes
- 16 All classes in session
- 20 First Penance – 9:00 a.m.
- 22, 23 All classes in session'

Other Important Dates

March

- 13 Boys retreat for Holy Confirmation 7th and 8th grades
- 20 Girls retreat for Holy Confirmation 7th and 8 grades

April

- 26 2nd Confirmation Report Due

May

- 14 First Holy Communion Practice - 6:00 p.m.
- 15 Mass of First Holy Communion at 10:30 a.m.

September

- 8,15,22 Final Confirmation Classes in Bishop Justs Hall



Catholic Youth Organization

Please see the CYO bulletin board for all upcoming events

Senior CYO – 8th – 12th grade

Meetings on the first Sunday of the month 6–8 p.m.

Junior CYO – 4th – 7th grades

Meetings on the first Friday of the month 6-8 p.m.

Seniors

February

- 14 Monthly meeting
- Not a 1st Sunday*

Topic: Is Cupid Catholic? Shrove Sunday Pancake Supper

26 Lenten Service Project

Come and help the Knights serve dinner

Juniors

Please see the CYO bulletin board for activities

Adult Bible Study Series

Wednesdays at 9:45a.m. – 11:00 a.m.

We will be meeting in Bishop Justs Hall.

Bring a Bible; bring a friend; save a soul!

A light breakfast will be served.

Spring Revelation, The Apocalypse of St. John

Christ House Food Donation Drive

St. Catherine's continues its efforts to support the work of Catholic Charities. Please help us to help others.

The following non-perishable food items are requested:

Canned meats (corned beef, spam, chicken), canned tuna, canned fruit and vegetables, peanut butter, jelly, cereal, pasta, instant potatoes, macaroni & cheese kits.

Please be so kind as to limit contributions to these items, and please check the *expiration dates*.

Labeled bins will be placed in the narthex of the church.

Gift cards from Giant or Safeway are another option that you might find more convenient. Please place gift cards in an envelope marked "Christ House" and place in the collection basket at Mass or drop off at the Parish Office.

Organ Recital

Our Music Director, Kimberly Hess will perform an organ concert on Sunday, February, 28th, at 3:00 p.m. in the afternoon at St. Dominic Catholic Church at 630 E Street Southwest, Washington, DC 20024. Works by Bach, DeGrigny, Schumann and Liszt. A free will offering will be collected and all are welcome.



The Knights of Columbus News

Consider This Opportunity to Serve!

The Knights of Columbus are the largest Catholic Men fraternal organization – are you a Knight? For information please contact Kevin Trissell at 703.464.8393 or trissellkofc@verizon.net. trees up to 12 feet tall. As always local delivery is free. Shop early!! Proceeds help support the Knights Charities. Please contact Grand Knigh Kevin Trissell at trissellkofc@verizon.net or at 703.464.8393 with any questions.

Pancake Breakfast

Next Sunday, February 14th the Knights will sponsor a Pancake Breakfast, in Bishop Justs Hall, following the 8:00 a.m. and 10:00 a.m. Masses. Donations will be accepted, and all are cordially invited.

Lenten Dinner

The Lenten Season is approaching. Beginning Friday, February 19th The Knights of Columbus will once again support Lenten dinners each Friday during Lent. including March 12th. Please join us in Bishop Justs Hall from 6:30 p.m. until 7:15 p.m.

Stations of the Cross will be prayed in the Church following the Lenten Dinner. Please stay and pray with

Lenten Season

This penitential season of six Sundays and forty weekdays prepares for the high feast of Easter. Len begins on Ash Wednesday and ends with the beginning of the Mass of the Lord's Supper in the evening on Holy Thursday (not Holy Saturday noon, as formerly).

Annual Tax Statements

For all parishioners who have contributed over \$200.00 to the Church you should have received your tax statement. If you donated to Siena Academy, they can provide you with a letter, as well. If you regularly contribute to collections in cash and do not use parish envelopes, we have no way to account for your donations. If you have not yet registered at St. Catherine of Siena and regularly attend our Masses, please fill in a parish registration form, available in the parish office. This aids in tax preparation and is essential if you wish to be married at our church, attend religious education classes , or become a sponsor for Baptisms or Confirmation

St. Catherine of Siena Website

For everything you ever wanted to know about St. Catherine of Siena Parish, but forgot to ask during office hours, you may visit the parish Website at www.saintcatherineschurch.org,



The Women's Association News

All women of the parish are cordially invited to belong and participate in our monthly activities and fellowship.

We have great camaraderie and encourage you to come and join us.

"Lenten Exercises for Your Soul"

February 11th at 7:00 p.m. in Bishop Justs Hall
A Legionaries of Christ Priest will be presenting this talk ,just in time for Lent which begins on February 17th.



Siena Academy News

Mission Statement

Our mission is to give glory to God and to assist parents in the role as primary educators of their children by offering specially prepared environments founded upon the principles made by Dr. Maria Montessori..

Shop at Harris Teeter and support Siena Academy

Siena Academy is a member of Harris Teeter's Together In Education program. Our account number is **8166**. Simply tell your cashier during check-out that you want Siena Academy's account number (**8166**) linked to your Harris Teeter VIC card. Once the account number is linked, every time you shop during the program, 5% of your Private Label purchases will be contributed by Harris Teeter to Siena Academy's account.

Do you shop online?

If so, please support Siena Academy (**ID number is 500003075**) by using the eScrip Online Mall. Shop at over 1,000 of your favorite online merchants and earn up to 16% for Siena Academy. Enroll with www.escrip.com; click on the Online Mall logo at www.escrip.com; and then Shop at your favorite brand name stores and automatically donate *to our group*.

Recycle Your Old Electronics

Do you have old laptops, iPods, or cell phones? Printer toner cartridges or inkjet cartridges? You can donate these at the conveniently located eScrip bin in the narthex of the church. Please make sure the laptops are bootable and have the power cords with them if we want to get credit. Accessories such as external drives are not needed or accepted. Thanks for your support! Questions? Contact Betsy Richardson at betsyer@verizon.net

Traveling Catholics - Home or Abroad

To locate a Catholic Church while traveling at home or abroad visit www.masstimes.org. You will find information/directions on the closest Catholic Church to your destination, along with Mass and Confession times. This Website also offers links to an on-line reference library of: The Day's Readings, Bible, Catechism, U.S. Bishops & Diocese, Saint of the Day, Daily Prayer, Life Ways, Sing Your Praises, Vatican Website, Vatican Library, Vatican Museums and Catholic News.



Over 50 Club

- ◆ *March 5* –“Philadelphia Flower Show: – The theme is Passport To The World, which takes you on a breathtaking floral trip around the world: India, The Netherlands,
- ◆ *April 14(Wednesday_ and 17 (Saturday)* – Sight & Sound in Lancaster will present its newest show “Joseph” the inspiring journey and restoration of his family especially important in today’s world. Sound track with 14 original songs, 30 foot high Egyptian palace on a 300 foot stage that wraps around three sides of the audience. A wonderful buffet at Miller’s included. Do not miss this outstanding show \$89 complete.
- ◆ *April 25* Spy Museum & Ford Museum – Guided tour, lunch on your own at the Museum, then history and tour of the Ford Museum. See where Lincoln was shot.\$Theatre price \$61.
- ◆ *May 10 – 14* Trapp Family Lodge. We stop at Lake George on the way up and back, then 2 nights at the Lodge with magnificent scenery. Visit the famous Cold Hollow Cider Mill, Stowe Village, Ben & Jerry’s Ice Cream and other attractions. Breakfast and dinner included \$659Dbl, \$824/Single.
- ◆ *June 1* – Day trip with Father Drummond to Mt. St. Mary’s City. Lunch included and tour. Visit the Old State House and Port Tobacco, also the Carmelite Monastery (first convent in the Nation) They make rosaries from dried roses. Do not miss this wonderful trip. \$99. Membership in the Club is not required to travel with us! Please call the following for more information and/or registration. Mary Ann at 703.404.8677 or Connie at 703.759.2939

Have you ever wished you could make a pilgrimage to Lourdes, France?

Have you visited the Grotto where Our Lady appeared to Bernadette and wish to return?

The, please mark your calendars!

St. Catherine’s will host a Lourdes Virtual Pilgrimage Experience on Sunday, March 7 at 1 pm directly following the Noon Mass.

North American Lourdes Volunteers will present a 90 minute spiritual and prayerful pilgrimage which includes the invitation, apparitions and message of Lourdes in the footsteps of Bernadette. During this guided virtual tour you will: touch a piece of the Grotto, experience the baths with water from the Spring at Lourdes, receive a Eucharistic Blessing and experience a decade of the rosary procession—the next best thing to being there—a spiritual journey without the travel! Each pilgrim receives a bottle of Lourdes water to take home. For further information please call: Kathy at 703-450-2827



In the Diocese & Other Events

Website: www.arlingtondiocese.org

Some white-collar jobs are more challenging than others

From the Office of Vocations

Merciful Father, You call us each by name and have chosen us each for a unique share in spreading the Gospel of Christ Jesus, Your Son, and the peace of Your kingdom. Grant that many will respond to the call to serve You through the priesthood, diaconate and consecrated life so that we may never be lacking in the holy providence of Your grace. Amen. Call Father Brian Bashista (703) 841-2514, or write:

b.bashista@arlingtondiocese.org.

Pilgrimage to the Shroud of Turin

Father Bevil Bramwell, undergraduate dean at CDU, and Catholic Distance University invite you for a once-in-a-lifetime pilgrimage to Italy to see the Shroud of Turin, April 21 – 29, 2010. The Shroud is to be displayed for a brief period in 2010. This nine-day journey includes Milan, Turin, Florence, Assisi, and Rome. The cost for this nine-day trip is \$3,099 from Washington Dulles. For a brochure and reservations, contact Barbara Ellis at bellis@cdu.edu or call 1.888.254.4238 ext. 703.

Retrouvaille (pronounced retro-vi)

Marriage Help – Retrouvaille (pronounced retro-vi) has helped tens of thousands of couples at all stages of disillusionment or misery in their marriage. This program can help you too. For confidential information about or to register for the March program beginning with a weekend on March 19th call 703 351 7211 or www.HelpOurMarriage.com

Dates to Remember

Monday, March 8 – 10:30 a.m. – 3 p.m.

Priests’ Lenten Day of Prayer at St. Theresa, Ashburn.

Wednesday, March 10 – 7:30 p.m.,

Bilingual Mass to Pray for Healing for Victims/Survivors of Sexual Abuse,

Bishop Loverde presiding, at St. Rita, Alexandria.

May 3-7

Priests’ Convocation, Carroll Valley Resort, Fairfield, Pa.

Priests Jubilee celebration will be May 5.

Saturday, June 5 – 11 a.m.

Diaconate Ordination

Cathedral of St. Thomas More, Arlington

*** Saturday, June 12 – 11 a.m.**

Priesthood Ordination, Cathedral of St. Thomas More, Arlington

What are you doing for Lent?

From the Catholic Distance University:

Online seminars for the Lenten Season and experience the joy that comes from discovering the Truth.

Christ: The Suffering Servant of Isaiah

February 15 – March 8,